

**Carlyle Yacht Club**  
**2004 Great Race**  
**Sailing Instructions**

*The safety of one's yacht and crew is the sole responsibility of each yacht's skipper, as is the decision to race, and to continue to race.  
Each skipper should make an individual assessment of their yacht, their crew's capabilities and weather conditions in making this determination*

**1. Rules.**

The International Sailing Federation's The Racing Rules of Sailing for 2001-2004, Class Rules superseded shall govern races by these Sailing Instructions.

**2. Entries**

- A. Each skipper shall be in good standing with all regatta fees paid in full to the CARLYLE YACHT CLUB.
- B. To be eligible, a boat shall have a unique and easily recognizable number displayed on both sides of the mainsail. If duplicate sail numbers with another boat occur, the Race Committee can require either boat to change their sail number.
- C. To rank as a starter, each boat will check in before she attempts to race. Check-in shall be done at the skippers meeting or with the RC on the water.
- D. All boats shall comply with Coast Guard requirements, applicable state and federal laws, and Class Rules if sailing with a class/one-design specific PHRF rating.
- E. Auxiliary motor power is required for safety reasons. The engine may be removed from the transom and stowed aboard if desired.
- F. Professionals may participate as crew but may not serve as helmsman unless they are the owner. The helmsman of every participating boat shall be an amateur or the owner. An amateur is a mariner who engages in yacht racing as a pastime, distinguished from a professional who derive their primary livelihood from the marine industry. The Sail Fleet Captain and their committee shall be the sole judge in determining whether any specific individual is an amateur or a professional.
- G. Crew Position (Rule 49.2)  
Lifelines will be taut if so equipped. As a guide, when a deflecting force of 11.2# is applied to a lifeline midway between supports, the lifeline shall not deflect more than 3".

**3. Notices to Competitors**

Notices to competitors will be posted on the CYC Bulletin Board inside the "Galley" at West Access Marina.

**4. Changes in Sailing Instructions**

- A. Announcements of changes to these Sailing Instructions will be made at the skipper's meeting, to be held at 0900 at BYC, 1030 at West Access on the day of the race and will be posted on the CYC Bulletin Board inside the "Galley" at West Access Marina.
- B. Skippers are responsible for any information announced at the skippers meeting. (Boats from other harbors may get any pertinent information from the RC on the water or via VHF Channel 69 anytime prior to the first starting sequence.)

**5. Signals Made Ashore**

Signals made "ashore" will be displayed on the RC Boat at the dock.

**6. Class Divisions and Fleets**

There will be two Divisions/Fleets for this regatta: Division 1. - Non-Spinnaker and Division 2. - Spinnaker

**7. Schedule of Races**

Start of Race:           1200 Fleet 1 - Non-Spinnaker Fleet  
                                  1230 Fleet 2 -Spinnaker Fleet

**8. Racing Area**

The racing area will extend to the navigable limits of Lake Carlyle, with the start being located near the dam.

**9. The Course**

- A. The course shall be one lap around a triangle as outlined in the attached diagram at then end of these instructions. The approximate length of the course will be 15 miles
- B. The Start and Finish will be at Mark "A" (see attached course diagram) which is near east side of the dam
- C. The first leg of the course, and start, may not be to windward.
- D. The course may be sailed with marks to port or starboard as designated on the course board.
- E. The Course Board on the RC Boat shall indicate whether the course is to be sailed with port or starboard mark rounding, designated by either a "P" or "S" proceeding the 1st mark's compass heading, and the three digit compass heading, accurate to within 10 degrees, to the first mark.
- F. The approximate GPS waypoints for each point of the course are as follows:
  - a. Mark A - Starting/Finish Line located near the Dam (middle of line) 38° 37.113N 089° 20.266W
  - b. Mark B - located near Coles Creek 38° 39.404N 089° 16.736W
  - c. Mark C - located near Keysport: 38° 42.669N 089° 16.259W

**10. Marks**

The marks may be inflatable buoys, international orange in color.

**11. The Start**

- A. Races will be started in accordance with 2001-2004 US Sailing Rules, Rule 26, Starting Races.
- B. Start/Finish line shall be between the main mast of the RC auxiliary and orange pin sailing through the line towards the first mark of the course.
- C. Prior to the first start, a courtesy YELLOW "on-station" flag should be flown. This flag if displayed will be doused with one Sound approximately 1 minute from the commencement of the initial starting sequence.
- D. The FLEET FLAG for each starting division shall be the appropriate numeral International Code flag
- E. The starting sequence will commence with the hoisting of the Fleet Flag and one Sound. This denotes 5 minutes until the start of the designated fleet.

- F. With 4 minutes until the start, a second flag, the CODE FLAG "P" will be hoisted with one Sound and is the preparatory signal.
- G. At 1 minute until the start, the CODE FLAG "P" will be doused with one Sound.
- H. At the start, the Fleet Flag be doused with one Sound
- I. Recalls will be signaled in accordance with racing Rule 29. Individual Recall, one sound signal and Code Flag X
- J. General Recall, two sound-signals and First Substitute. The First Substitute will be dipped one minute before re-starting that fleet's timing sequence with the re-hoisting of their Fleet flag and one sound

**12. The Finish**

All finishes shall be made between the cockpit of the RC Boat (or the helmsman seat of the mark-set boat) and the finish mark, sailing from the direction of the previous mark of the course.

**13. Time Limits**

- A. All yachts must finish by 1700.
- B. Any boat that elects to drop out of the race must notify the Committee boat and get an acknowledgment from the RC.

**14. Protests**

- A. Any Yacht protesting another must conspicuously fly either a Code Flag 'B' or a red rectangular flag.
- B. Penalties apply as described in *The Racing Rules of Sailing for 2001-2004*. Rules 44.1 and 44.2 (720° turn penalty) apply unless at the time of the rule infraction, a spinnaker is hoisted, in which case the Boat can exonerate herself by fully lowering the chute to the deck, completing a 360° turn, and re-hoisting and flying the chute
- C. A Yacht intending to file a protest *must* notify the RC, on the water, upon completing the race, of their intention to protest and must identify the protested yacht.
- D. Protests are to be submitted to Bob McLaughlin one half hour after the RC boat docks.

**15. Awards**

Awards shall be presented to the top five yachts of each fleet. Award ceremony to be held at the West Access Galley immediately following the race.

