

## Carlyle Yacht Club Multi-Club Distance Sailing Program

The object of Carlyle Yacht Club's racing program is to promote friendly competition while testing the skills of the skipper and crew. Carlyle Yacht Club's racing program is organized and optimized for, but not limited to, auxiliary displacement monohull sailboats approximately 20'-40' LOA. Such boats are commonly equipped with a galley, head and permanent sleeping berths. The PHRF and Time-on-Time handicapping methods are used to race heterogeneous boats within single fleets

*The safety of one's boat and crew is the sole responsibility of each boat's skipper, as is the decision to participate, and to continue to race. Each skipper should make an individual assessment of their boat, their crew's capabilities and weather conditions in making this determination.*

### 1. Rules

- A. Races shall be governed by the International Sailing Federation's *The Racing Rules of Sailing for 2005-2008*, Class Rules for any one-design fleets, superseded by these Sailing Instructions.
- B. Management of the races shall be the responsibility of the Carlyle Yacht Club at the direction of the Vice Commodore.

### 2. Entries

- A. Each skipper shall be in good standing with all fees, assessments, and financial obligations paid in full to the CARLYLE YACHT CLUB, and be a member of a yacht club on Carlyle Lake.
- B. Each skipper/boat shall complete a Race Declaration Form .
- C. To be eligible, a boat shall have a unique and easily recognizable number displayed on both sides of the mainsail. If duplicate sail numbers with another boat occur, the RC can require either boat to change their sail number.
- E. All boats shall comply with Coast Guard requirements, applicable state and federal laws, and Class Rules if sailing with a class/one-design specific PHRF rating.
- F. Auxiliary motor power is required for safety reasons. The engine may be removed from the transom and stowed aboard if desired.
- G. Outside Participants and Professionals: Boats/Skippers who are guests of CYC members may participate in a race event only with the advance consent of the Sail Fleet Captain. A professional sailor may participate as crew, but may not serve as helmsman unless they are the owners of the boat. The helmsman of every participating boat shall be an amateur or the owner. An amateur is a mariner who engages in yacht racing as a pastime, distinguished from a professional who derive their primary livelihood from the marine industry. The Sail Fleet Captain and their committee shall be the sole judge in determining whether any specific individual is an amateur or a professional.
- H. Crew Position (Rule 49.2)  
Lifelines (if present) shall be taut. As a guide, when a deflecting force of 11.2# is applied to a lifeline midway between supports, the lifeline shall not deflect more than 3". If lifelines are present, the body torsos of crew shall remain inside of the lower lifeline. If there are no lifelines, the body torsos shall remain inside of the shear line of the boat.

### 3. Notices to Competitors

- Notices to competitors will be given VHF Marine radio on channel 68.
- Races may be cancelled due to threatening weather or for any other reason. In such cases, a notice will be broadcast over channel 68, and or by cell phone.

### 4. Changes in Sailing Instructions

- Will be posted on the CYC Bulletin Board inside the "Galley" at West Access Marina.

### 6. Schedule of Race

- A. The schedule shall be posted on the CYC Bulletin Board at the West Access Marina "Galley". The dates for 2006 shall be May 13, May 20, June 3, June 17, July 1, September 9, September 30, October 14.
- B. The Vice Commodore or his assigned representative for any reason directly affecting the safety or fairness of the Race may abandon a race even after it has concluded. (Rule 32.1.e)

### 7. Class Divisions and Fleets

- A. Shall be determined by the Vice Commodore prior to the beginning of each series and posted on the CYC Bulletin Board at "The Galley". At this time it is anticipated there will be a spinnaker and non-spinnaker division, and possible a dry sailed non-spinnaker division
- B. Fleets with at least five boats registered may be started as a separate fleet.

### 8. Racing Area

The racing area will generally be from a point off of cove 5 to the dam, with the start finish in the middle of the Lake Carlyle.

### 9. The Course

- A. The start line shall be near the middle of the lake between Cove 4, and Coles Creek. The first mark shall be near a point off cove 5, the next mark will be near the dam, and the finish shall be back at the start finish line

### 10. Marks

- A. The course will be marked with inflatable buoys, yellow in color. Or in the case of the mark by the dam, a yellow & black buoy,

### 11. The Start

- A. The number and makeup of the starting divisions shall be determined by the Vice Commodore prior to the beginning of the series and posted on the CYC Bulletin Board inside the "Galley" at West Access Marina and/or in an addendum may be e-mailed to participants

At this time it is anticipated there will be just one start, with the spinnaker and non-spinnaker boats will starting at 11:00 AM, via GPS time. If a malfunction makes an 11:00 AM start not practical, an 11:30 or 12:00 start may be needed. In those cases, it will be announced over VHF Marine Radio, channel 68.

5 minutes prior to the start there will be 3 short blasts of an air horn, with 2 short blasts 1 minute before, and 1 long blast as the race starts.

- C. Start/Finish line  
Shall be between two marks placed in the middle of the lake.
- D. Individual Recall

There will be no notice given if a boat starts prematurely. If a boat is thought to have been over early, the fleet will be polled, and if a majority of the participants feel that indeed the accused boat was over early, the accused boat will be disqualified from that race.

### 13. The Finish

- A. All finish times shall be self determined. As boats finish, they shall call out their finish time over VHF Marine Radio, channel 68. In addition, within 72 hours, they shall e-mail their finish time to the Vice Commodore at [LANJS2@AOL.COM](mailto:LANJS2@AOL.COM). The e-mail should contain their boat name & sail number, finish time, and if know the name of the boats finishing in front and in back of them

### 14. Penalty System"

- A. Penalties apply as described in *The Racing Rules of Sailing for 2005-2008*. Rules 44.1 and 44.2 (Two Turn penalty) apply unless at the time of the rule infraction, a spinnaker is hoisted, in which case the boat can exonerate herself by fully lowering the chute to the deck, completing a 360° turn, and re-hoisting and flying the chute.
- B. At the option of offending boat, the boat may choose a 20% Scoring Penalty as allowed under Rule 44.3 by displaying a yellow flag at the first reasonable opportunity after the incident, keeping it displayed until finishing, and calling attention to it at the finishing line. The boat

will inform the RC the identity of the of the other boat(s) involved

**15. Time Limits**

- A. If the first boat does not round the first mark within ninety minutes of the start, the race shall be abandoned. If a race is abandoned, it shall be announced over Marine Radio Channel 68.
- B. If the first boat does not round the mark near the dam by 3:00 PM. The race shall be cancelled, and announced over Marine Radio channel 68.
- C. Any boat that does not finish by 4:00 PM, will be given a 4:00 PM finish, provided it's corrected time finish time is not ahead of a boat that completed the boat by the 4:00 deadline.
- D. If a boat does not finish by 4:00 PM, or if she elects to drop out and take a 4:00 PM finish time she shall announce this information in the same manner as if she was crossing the finish line.

**16. Protests**

- A. Protests shall follow Rule 61.
- B. Immediately upon completing a race, a Boat intending to file a protest *must* notify the RC (on the water) of their intention to protest and must identify the protested boat.
- B. Protests are to be submitted using **The Racing Rules of Sailing Protest Form**. Protests are to be mailed to the Protest Committee Chairman, postmarked by 12 midnight the Tuesday following the race. The Name and Address of the Protest Chairman are at the end of these instructions.
- C. The Protest Chairman will make a reasonable attempt to schedule a hearing that is convenient to everyone involved. If however, a second proposed date cannot be met by one of the parties, and no representative for the skipper can attend, the protest decision will default to the attending party.
- D. Members must mail or otherwise deliver completed protest forms to: Mr. Ted Beier CYC Protest Committee Chairman, 5614 Rosa St. Louis, Mo. 63109

**17. Scoring**

- A. Handicapping
  - 1. Handicaps shall be assigned to each boat based on the information supplied on the Race Declaration Form.
  - 2. The CARLYLE YACHT CLUB PHRF Committee shall assign a handicap rating for each competing boat. This shall be done as explained in the CYC PHRF Handicapping Philosophy and Procedures document.
  - 3. The Vice Commodore or Chairman of the CYC PHRF Committee may issue Temporary PHRF ratings when none is published for that boat.
  - 4. Times will be recorded for all boats racing.
  - 5. Time on Time handicapping will be used. The formula for TOT is Elapsed Time X (650/ PHRF# + 600)
  - 6. Dry Sailed boats, Vs Wet Sailed boats. In an attempt to level the playing field, dry sailed boats will have their PHRF rating adjusted 15 seconds per mile lower. To qualify as a wet sailed boat, a boat must be kept in the water. Wet sailed boats are allowed to clean the bottom of their boat, but only by using a cleaning device while standing on the dock, or standing on the boat. To qualify as a wet sailed boat, you cannot get in the water to clean the bottom, or have the boat pulled to clean the bottom, except during the summer break between July 2, and September 9. Wet sailed boats must be in the water at least 10 days prior to the start of the season, and 10 days prior to the second half of the season starting September 9.
- B. The Low Point Scoring System as described in Appendix A4 will be used.  
Rules for settling ties -Ties at the end of the Series will be broken in accordance of Appendix A8.
- D. Throw-outs for each series – Each boat shall score their best scores from one half of the races sailed plus one.

**18. Prizes**

Awards shall be presented to the top 1/3 of the boats participating in each fleet, except that no more than 5 trophies will be awarded in any given fleet.